

Part 1. Claimant Information

Last Name		First Name		Middle Name(s)	
Mailing Address				City or Town	
Province	Country	Postal Code	Email Address		
Telephone Number	Date of Birth (dd-mm-yyyy)		Date of Accident (dd-mm-yyyy)		
Policy Number (if known)			Claim Number (if known)		
Insurance Company					

Part 2. Health Care Practitioner Information

Full Name of Health Care Practitioner			
Profession			
Professional License Number, Registration Number, Association Membership Number as applicable			
Mailing Address			
City	Province	Country	Postal Code
Clinic Name		Administrative Contact's Full Name	
Telephone Number		Fax Number	
Email		Preferred Contact Method	
		☐ Phone ☐ Email	

Range of Motion (ROM) loss is evaluated by measuring active ROM with the aid of a measuring device (e.g. goniometer or inclinometer) according to standardized position and technique. Using the following procedure, record the following measurements on the form provided below:

- After adequate warm-up, record **three** trials to the nearest 5° and take the average of the three with evidence of maximal effort. If there is any question of whether adequate effort is provided, please indicate this **on the report**;
- Record both sides of the body to allow for comparison, regardless of whether one or both sides are injured or if a non-affected side had a pre-existing pathology. Please indicate if either side has any obvious pathology present that is unrelated to the accident.

Which joint(s) is affected?

☐ Ankle
 ☐ Wrist
 ☐ Toes
 ☒ Fingers
 ☐ Thumb
 ☐ Shoulder
 ☐ Hip
 ☐ Knee
 ☐ Elbow

Range of Motion Loss — Fingers

Indicate which finger(s) and hand are affected in the Digit and Hand field(s)

Movement (in degrees)		Affected Hand				Unaffected Hand			
		Trial 1	Trial 2	Trial 3	Average	Trial 1	Trial 2	Trial 3	Average
DIGIT	HAND								
Flexion, MCP Joint									
Extension, MCP Joint									
Flexion, DIP Joint									
Extension, DIP Joint									
Flexion, PIP Joint									
Extension, PIP Joint									
Notes									

Add table

Questions

Has the claimant's injury become static or stabilized?

☐ Yes, the impairment unlikely to change significantly with further therapy
 ☐ No

If no, please note any factors contributing to the injury's ongoing instability

Have you treated this claimant before?

☐ Yes
 ☐ No

If yes, are today's measurements consistent with previous ones?

☐ Yes
 ☐ No

If no, please specify

Part 4. Health Care Practitioner Signature

I certify that the information provided is true and correct to the best of my knowledge.

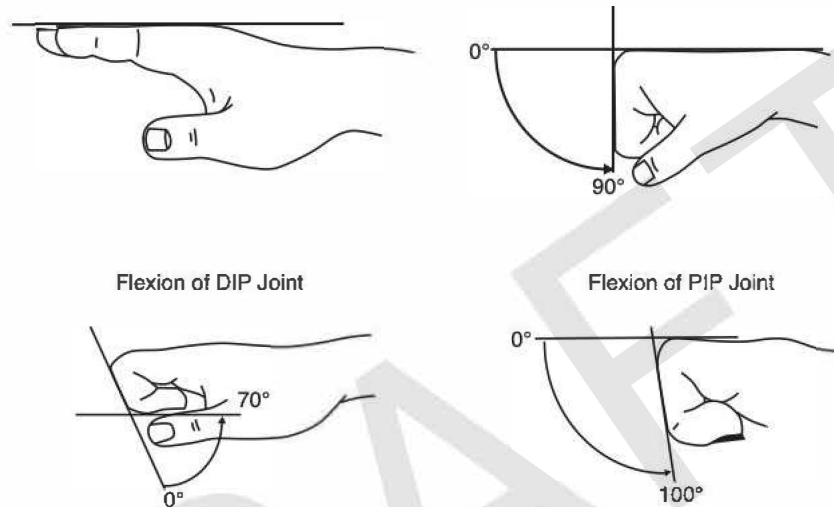
Full Name of Health Care Practitioner (Please Print)

Date Report Completed and
Signed (DD/MM/YYYY)

Signature

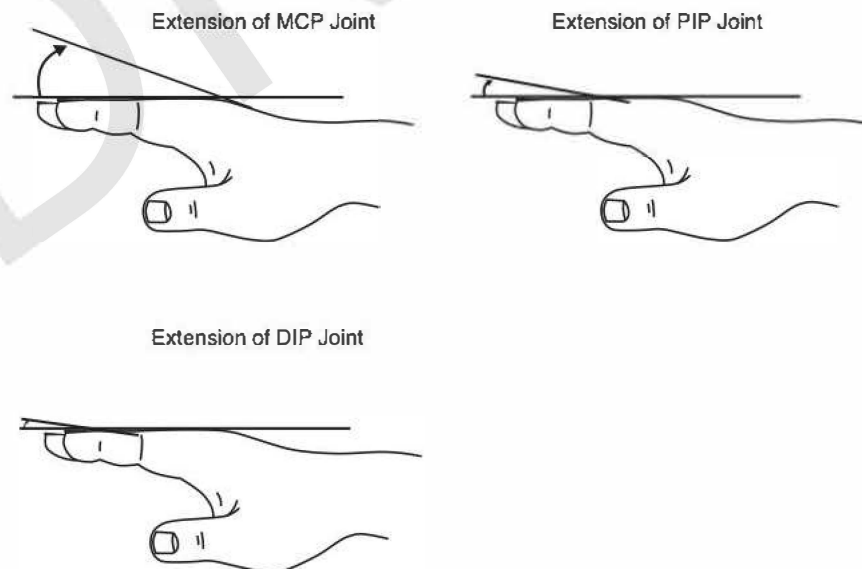
A) How to measure MCP, DIP or PIP joint flexion:

1. Claimant is seated with wrist and hand supported on table and in a neutral position.
2. The goniometer pivot is centered over the joint being measured, the stationary arm is aligned on the midline of more proximal bone of joint, and the moving arm is aligned on the midline of more distal bone.



B) How to measure MCP, DIP or PIP joint extension:

1. Claimant is seated with wrist and hand supported on table and in a neutral position.
2. The goniometer pivot is centered over the joint being measured, the stationary arm is aligned on the midline of more proximal bone of joint, and the moving arm is aligned on the midline of more distal bone.



Notice for Statutory Authority to Collect and Disclose Personal Information

The *Automobile Insurance Act* authorizes the collection and disclosure of the personal information required by this document.

Please consult your privacy officer, legal counsel, or the Office of the Information and Privacy Commissioner of Alberta regarding any questions about your obligations under applicable privacy legislation.