

Part 1. Claimant Information

Last Name		First Name		Middle Name(s)
Mailing Address			City or Town	
Province	Country	Postal Code	Email Address	
Telephone Number	Date of Birth (dd-mm-yyyy)		Date of Accident (dd-mm-yyyy)	
Employment Status (select all that apply)			Is the claimant off work or off studies? (if applicable)	
☐ Employed ☐ Not Employed ☐ Student ☐ Retired			☐ Yes ☐ No ☐ Modified duties/hours	
Was an ambulance required from the scene of the accident?		If yes, hospital name?		
☐ Yes ☐ No				
Policy Number (if known)		Claim Number (if known)		
Insurance Company				

Caregiving/Employment/Studies Status at the time of the accident (if applicable)

If involved in caregiving, are caregiving duties impacted by the injuries from this accident?		
☐ Yes	☐ No	☐ N/A
If employed and/or engaged in studies, select all that apply and provide job title where applicable. If off work, please complete Part 12		
Job title		

Part 2. Relevant Clinical History

Accident description
Previous diagnostic testing and treatment
☐ Yes ☐ No
If yes, describe
Please list the name of the Health Care Practitioner(s)

Relevant pre-existing conditions prior to accident?

☐ Yes ☐ No

If yes, describe

Part 3. Clinical Assessment

Key subjective findings and symptoms

Key objective findings (for example, relevant range of motion, orthopedic testing, and/or neurological findings)

Functional Limitations

Describe functional limitations and indicate impact on daily living assistance (DLA), caregiving duties, studies, work and/or other

	DLA	Caregiving	Studies	Work	Other
	☐	☐	☐	☐	☐
	DLA	Caregiving	Studies	Work	Other
	☐	☐	☐	☐	☐
	DLA	Caregiving	Studies	Work	Other
	☐	☐	☐	☐	☐

Please provide additional details regarding the impact of the functional limitations below.

Part 4. Barriers to Recovery

Barriers that may affect recovery (select all that apply)



☐ Other (not in dropdown) _____

☐ No barriers identified

Barriers to attending treatment

☐ Yes ☐ No

If yes, specify

Program of Care

Part 5. Treatment interventions based on Care Pathway(s) (if treatment not required go to Part 8)

☐	Neck	Intervention(s) (select one or more)	
☐	Shoulder	Intervention(s) (select one or more)	
☐	Mid Back/Chest	Intervention(s) (select one or more)	
☐	Low Back	Intervention(s) (select one or more)	
☐	Concussion	Intervention(s) (select one or more)	
Planned number of treatment visits in Phase 1		Planned number of treatment visits in Phase 2, if known	
Additional treatment information			

Part 6. Program of Care diagnosis(es)

Program of Care diagnosis(es) (select all that apply)	

Part 7. Health Outcome Measure

Health Outcome Measure	
WHODAS 2.0 (12-item)	
Date administered (dd-mm-yyyy)	Initial Assessment Score
	/ 48
Additional comments	

Part 8. Assessment Conclusion

Based on this clinical assessment, the following is recommended

To begin on (dd/mm/yyyy)

☐ Program of Care

☐ Treatment not required

Additional comments

Care and Treatment Request for Insurer Approval for Additional Injuries Not Covered by the Program of Care

Part 9. Clinical Assessment

Area of injury	Description
Key subjective findings and symptoms	
Key physical findings (for example, relevant range of motion, orthopedic testing, and/or neurological findings)	

Functional Limitations

Describe functional limitations and indicate impact on daily living assistance (DLA), caregiving duties, studies and work

1.		DLA	Caregiving	Studies	Work	N/A
		☐	☐	☐	☐	☐
2.		DLA	Caregiving	Studies	Work	N/A
		☐	☐	☐	☐	☐
3.		DLA	Caregiving	Studies	Work	N/A
		☐	☐	☐	☐	☐
Please provide additional details regarding the impact of the functional limitations below.						

Part 10. Diagnosis(es)

Diagnosis(es)

Part 11. Treatment Plan

Investigations/diagnostics planned		
Treatment Modalities	Duration of treatment	Total number of visits

Treatment Goals

Full functional recovery expected?	Estimated date (dd-mm-yyyy)
☐ Yes ☐ No	
Resumption of daily living assistance (DLA) activities?	Estimated date (dd-mm-yyyy)
☐ Yes ☐ No	
Referrals for additional health care services?	If yes, to whom
☐ Yes ☐ No	

Functional Goals (outcomes to be measured)

Goal 1
Goal 2
Goal 3

Part 12. Employment Activity (to be completed where applicable)

Fill this part if the claimant is currently off-work, on modified work duties, or is expected to be adjusting work status as a result of the injuries sustained from the accident

Functional limitation impacting employment	Relevant functional job demands	Treatment goal?
1.		☐ Yes ☐ No
Functional limitation impacting employment	Relevant functional job demands	Treatment goal?
2.		☐ Yes ☐ No
Functional limitation impacting employment	Relevant functional job demands	Treatment goal?
3.		☐ Yes ☐ No
Additional comments on functional limitation impacting employment		
☐ Can resume regular duties	On date (dd-mm-yyyy)	Graduated hours, if required (enter duration)
☐ Can return to work with modified duties	On date (dd-mm-yyyy)	Graduated hours, if required (enter duration)

Part 13. Treatment Plan Approval Request

Based on the treatment plan, I am requesting insurer approval for ▼ visits with an anticipated treatment end date of ▼ ▼ ▼

Part 14. Program of Care Health Care Practitioner Information

Full Name of Health Care Practitioner 			
Profession ☐ Chiropractor ☐ Nurse Practitioner ☐ Physician ☐ Physiotherapist			
Professional License or Registration Number 			

Mailing Address 			
City 	Province ▼	Country 	Postal Code
Clinic Name 		Administrative Contact's Full Name 	
Telephone Number 		Fax Number 	
Email 		Preferred Contact Method ☐ Phone ☐ Email	

☐ I attest that I meet all the **requirements** to deliver the Care-First Program of Care, including education

Part 15. Program of Care Health Care Practitioner Signature

I certify that the information provided is true and correct to the best of my knowledge

Full Name of Program of Care Health Care Practitioner (Please Print)	Date Report Completed and Signed (DD/MM/YYYY)	Signature

Notice for Statutory Authority to Collect and Disclose Personal Information

The *Automobile Insurance Act* authorizes the collection and disclosure of the personal information required by this document.

Please consult your privacy officer, legal counsel, or the Office of the Information and Privacy Commissioner of Alberta regarding any questions about your obligations under applicable privacy legislation.