You’re injured in a crash and have a sore neck. This injury is covered under the **Program of Care**. You can see a physiotherapist, chiropractor, nurse practitioner, or physician of your choice. Your first visit is pre-approved, so care starts right away with no out-of-pocket cost.

KEY BENEFITS

- ✓ Faster care with pre-approved assessment and treatment
- ✓ Practitioner of choice using the Care-First practitioner registry
- ✓ No out-of-pocket costs



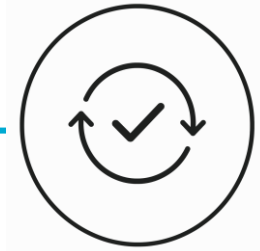
You’re injured in a crash and have a sore neck. You report your claim to your insurer



You choose a practitioner of your choice participating in Care-First and book your pre-approved first visit



Your practitioner assesses your injury and starts treatment right away



You continue treatment through the Program of Care



Your practitioner bills your insurer directly for treatment costs



You recover and return to your normal activities

Classification: Public

You’re injured in a crash and have a knee injury that **is not covered under the Program of Care**. You can choose a practitioner of your choice and your first visit is pre-approved. After your assessment, your practitioner submits a treatment plan to your insurer for approval before ongoing treatment begins.

KEY BENEFITS

- ✓ Pre-approved first visit so you can get assessed right away
- ✓ Practitioner of your choice
- ✓ Treatment tailored to your specific injury through an approved plan



You’re injured in a crash and have a knee injury. You report your claim to your insurer



You choose a practitioner of your choice participating in Care-First and book your pre-approved first visit



At your first visit, your practitioner assesses your injury, creates a treatment plan and sends it to your insurer.



Your insurer reviews and approves the treatment plan.



You begin treatment based on the approved plan



You recover and return to your normal activities

Classification: Public