

Emergency Preparedness Week scavenger hunt

We're in it together.

Strong communities are built before emergencies happen. This scavenger hunt is designed to be done with others and focuses on building community connections, understanding local risks and identifying shared skills and resources that support community resilience. Through simple everyday activities, you'll learn who is around you, where to get help and how community members can support one another before, during and after emergencies.

When emergencies happen, communities that are connected are better able to adapt, help one another and ultimately recover. Knowing the people around you — and how you can support each other — builds resilience long before it's needed.

Instructions

- Complete at least one activity per category OR complete all the activities in one category with your loved ones, community members or friends.
- You don't have to carve out extra time for this scavenger hunt. Use everyday moments like walks, community events, car rides, meals or casual conversations as opportunities to talk about preparedness.
- There's no rush or competition. The goal is to get out, connect and take small actions together.



Learn more at
alberta.ca/beprepared

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Scavenger hunt activities



MAKE COMMUNITY CONNECTIONS

When you know who is around you before an emergency, it's easier to ask for help when you need it or offer help to those who need it most.

- Introduce yourself to one person you live near (e.g., community member, building staff, caretaker or nearby business owner).
- Identify three communities you are a part of or could join (e.g., where you live, faith-based groups, sports teams, clubs, etc).
- Invite a community member to join you for a walk, coffee or errand.
- Join or follow a neighbourhood or community group.
- Thank a community helper (e.g., volunteer, cleaner, security, elder, teacher, firefighter, etc.).

AROUND WHERE YOU LIVE

Understanding the area you live in helps you prepare for local risks and know where to turn for help.

- Research two local hazards that affect your area and tell someone in your household about it (e.g., wildfires, flooding, hailstorms, extreme temperatures).
- Discuss with your household one way you could all prepare for one of these hazards.
- Identify a safe place community members can gather during emergencies; share this with your household.
- Find two places in your community where you can get help or information (e.g., signs, websites, apps, social media, bulletin boards) and share it with your household.
- Follow community organizations on social media for updates.



Scavenger hunt activities

HELPING HANDS IN YOUR COMMUNITY

Everyone has skills, big or small, that can support community resilience.

- Identify one skill you or someone in your household could share (e.g., cooking, first aid, organizing, fixing things).
- Talk with a community member about a skill or experience they have that could be helpful in an emergency.
- Find one shareable resource in your community that could support others (e.g., tools, space, supplies, transportation).
- Name a way skills or resources could be shared if community members needed help (e.g., sharing a generator during a power outage, lending tools to clear debris or helping with basic first aid).
- Discuss with your household one local hazard and match it with skills or resources identified.

BUILD COMMUNITY RESILIENCE

Planning ahead helps community members support each other during disruptions, as they are often the first to respond before help arrives.

- Write down one person you would contact first if you needed help.
- Ask someone nearby how they would like to stay in touch during an emergency (e.g., text, phone call, social media group chat, knock on the door).
- Talk with a community member about the help you might each need in an emergency.
- Draw a simple map showing two meeting places (one nearby and one farther away).
- Start a simple contact list with one or two community members you know.

REFLECT AND CONNECT

Reflecting together and staying connected helps communities support one another and build preparedness year-round.

- Name one way you can stay connected with community members throughout the year, not just during emergencies.
- Share one thing you learned with someone outside your household or group.
- Finish the phrase together: "Being in it together means..."

