

IMPORTANT NOTICE FOR GOVERNMENT OF ALBERTA EMPLOYEES

Benefit plan changes

Effective July 1, 2026, your Alberta Blue Cross® benefit plan is changing. The following information explains what these changes are and the impacts they may have on you.

What's changing?

EXTENDED MEDICAL BENEFITS

- There will be changes to coverage under the Extended Medical Benefits Plan for the **1stChoice** and **MyCHOICE** benefit programs.
- Under the Enhanced level of coverage, vision care will increase from **\$350 to \$400 every 24 months** from the last date of purchase for prescription eyeglasses (lenses and frames) and contact lenses, including prescription sunglasses.

Extended Medical Benefits plan change

VISION CARE COVERAGE

What is changing?

As of July 1, 2026, under the Enhanced level of coverage, vision care will increase from \$350 to \$400 every 24 months from the last date of purchase for prescription eyeglasses (lenses and frames) and contact lenses, including prescription sunglasses.

What does this mean for you?

Claims for vision care expenses with a date of service on or after July 1, 2026, will be covered up to a maximum of \$400 every 24 months, from the last date of purchase.

Questions?

We're happy to help. Call us at **780-498-8000** (Edmonton and area) or **1-800-661-6995** (toll-free) Monday to Friday, from 6 a.m. to 5 p.m. (MT).