



DECLARATION

WHEREAS: Obesity is a complex chronic disease defined by excessive body fat that poses a health risk for several chronic conditions, such as type 2 diabetes, some forms of cardiovascular disease, certain types of cancers, and osteoarthritis;

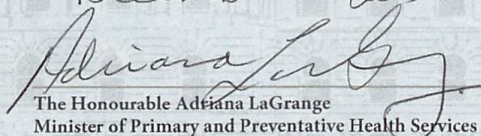
AND WHEREAS: Obesity is a growing public health concern. More than two-thirds (68 per cent) of Canadian adults aged 18 to 79 have been classified as overweight or living with obesity between 2022 and 2024;

AND WHEREAS: Early prevention and management are critical to reducing obesity-related risks, reducing the burden of chronic disease, and fostering health futures;

AND WHEREAS: The Government of Alberta recognizes the significant implications of obesity on the health care system, Albertans' quality of life, and its connection to other serious health conditions. Alberta's government commends organizations, health professionals, and community leaders who advocate for health living and promote evidence-based strategies to prevent and manage obesity across our province.

THEREFORE: I, ADRIANA LAGRANGE, MINISTER OF PRIMARY AND PREVENTATIVE HEALTH SERVICES, PURSUANT TO SECTION 3(1)(A) OF THE SPECIAL DAYS ACT, HEREBY DECLARE MARCH 4 AS WORLD OBESITY DAY IN PERPETUITY IN THE PROVINCE OF ALBERTA.

DATED AT *Edmonton*, ALBERTA THIS *10* DAY
OF *December* YEAR *2025*


The Honourable Adriana LaGrange
Minister of Primary and Preventative Health Services