



DECLARATION

M.O. 616-2026

WHEREAS: Lipedema is a chronic progressive medical condition that is characterized by the abnormal distribution of fatty tissue in the legs, hips, and sometimes the arms, which is out of proportion with the rest of the body. It may cause pain, tenderness, swelling, and easy bruising;

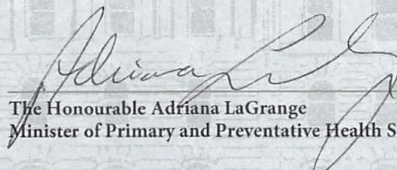
AND WHEREAS: : The causes of lipedema are not well understood. It is reported to start or worsen during puberty and other periods of hormonal changes, such as pregnancy, and menopause;

AND WHEREAS: Despite affecting approximately 1 in 9 women, lipedema remains significantly underrecognized and underdiagnosed, often resulting in delayed diagnosis, inadequate care, and substantial physical, psychological, and financial burden for those affected;

AND WHEREAS: The Government of Alberta commends Lipedema Canada and other organizations dedicated to lipedema advocacy and awareness to advance recognition and support for individuals affected by the condition.

THEREFORE: I, ADRIANA LAGRANGE, MINISTER OF PRIMARY AND PREVENTATIVE HEALTH SERVICES, PURSUANT TO SECTION 3(1) (A) OF THE SPECIAL DAYS ACT, HEREBY DECLARE JUNE 11 AS LIPEDEMA AWARENESS DAY IN PERPETUITY IN THE PROVINCE OF ALBERTA.

DATED AT *Edmonton*, ALBERTA
THIS *11* DAY OF *May*, 2026.


The Honourable Adriana LaGrange
Minister of Primary and Preventative Health Services