

Resume

Contact information

Tammy Borowiecki
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Personal overview/Professional philosophy:

I am a Chartered Mediator, conflict management coach, facilitator, and trainer.

Whether working with pairs or teams, I support clients to resolve conflicts, improve communication, and improve workplace/organization functioning.

I have successfully facilitated resolutions involving teams, departments, and organizations, helping participants move from entrenched conflict to collaborative solutions.

Mediation Experience:

In my mediation practice, my focus is in workplace, small business, family business, community, non-profit, boards and business-to-business disputes.

I have been active on the Alberta Court of Justice (civil claims) mediation roster since 2016.

I am a trainer and course designer providing skills training in communication and conflict management for workplaces.

I am also an Instructor and coach for the ADR Institute of Alberta.

Training

I have completed more than 600 hours of mediation and conflict management training including:

- 2025 Advanced Skills Masterclass with Allan Parker
- 2024 Allan Parker Master Class: Learning the Latest Neuroscience, Micro-behaviours and Agreement Focused Language
- 2024 Trauma Informed Certificate for Coaches, Center for Healing

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- 2021 Conflict Management Coaching, Cinergy
- 2018 Workplace Fairness Analyst, Workplace Fairness Institute of Canada
Advanced workplace restoration; achieving workplace fairness and psychological health and safety
- 2017 Consensus Decision Making, ADR Institute of Alberta
Multi-party consultation & stakeholder engagement for collaborative decisions
- 2016 Separation and Divorce Mediation, (including High Conflict Mediation) ADR Institute of Alberta
- 2016 Conflict Coaching, ADR Institute of Alberta
- 2014 Arbitration, ADR Institute of Alberta
- 2014 Restorative Practices, ADR Institute of Alberta
- 2012 Certified Trainer of Managing Workplace Conflict and Certified Workplace Mediator, Mediation Training Institute
- 2012 Conflict Management, Alberta Arbitration and Mediation Society, now ADR Institute of Alberta, Interest-based Negotiation and Mediation

I have designed and co-designed multiple courses to teach mediation and conflict resolution skills for my private practice and the ADR Institute of Alberta.

I co designed a trauma-informed High Conflict Course for Lawyers and Advocates (12 hours) for the ADR Institute of Alberta in 2025.

Professional Associations

Member, ADR Institute of Alberta (ADRIA)

Member, ADR Institute of Canada (ADRIC)

Chartered Mediator Designation, ADR Institute of Canada, 2018

Qualified Arbitrator Designation, ADR Institute of Canada, 2014

Qualified Mediator Designation, ADR Institute of Canada, 2012

References available upon request

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