



# Mental Health in Schools Pilot

## Enhancing the mental health of Alberta's students

### Role of school authorities

Schools are essential settings for mental health supports and services and the education system plays an important role in contributing to enhanced positive mental health in children and youth. The role of school authorities in the provision of a robust mental health supports and services is prevention, promotion, early and short-term intervention, and establishing partnerships for barrier free access of an integrated pathway to, through and from specialized services.

### Mental Health in Schools Pilots

To support school authorities in enhancing their mental health continuum of supports and services, Alberta Education has invested over \$50 million in 79 two-year pilots across the province utilizing new and innovative approaches to support students' mental health and well-being. As supporting the mental health of students is a shared responsibility, school authorities are partnering with a mental health provider or other entity in the two-year pilots.

What we learn from the Mental Health in Schools pilot projects may help inform future policy decisions related to the mental health and well-being of Alberta's students.

### An informed approach

Alberta Education is developing a strong understanding of Alberta's context as it pertains to mental health in schools through a coinciding grant provided to Werklund School of Education, University of Calgary. Werklund School of Education is conducting an extensive mapping of the pilots including current strengths, needs and gaps and promising practices in ensuring future decisions are responsive to need and Alberta's context.

At the same time, the team at Werklund School of Education is conducting research into a framework to support school and school authority leaders in what is required in the provision of a robust mental health continuum of supports and services including tools for implementation. While this framework is being informed by research, extensive stakeholder engagement conducted by Werklund is ensuring the framework is responsive to Alberta's unique context.

### Successful applicants

The following school authorities are successful applicants or partners with fully executed contracts in the Mental Health in Schools Pilot.

#### First Call: December 2022 – June 2025

Almadina School Society  
Aurora Academic Charter School Authority  
Battle River School Division  
Bears paw Christian School Society and BCS@Home  
Black Gold School Division  
Buffalo Trail School Division  
Calgary Arts Academy Society  
Calgary Board of Education  
Calgary Roman Catholic Separate School Division  
Chinook's Edge School Division  
Christ the Redeemer Catholic Separate School Division

Northland School Division  
Palliser School Division  
Parkland School Division  
Paul First Nation Education Authority  
Peace River School Division  
Peace Wapiti School Division  
Pembina Hills School Division  
Phoenix Education Foundation  
Prairie Land School Division  
Prairie Rose School Division  
Red Deer Catholic Separate School Division

Clearview School Division  
Connect Charter School Society  
Conseil Scolaire Centre-Nord  
Conseil Scolaire Centre-Est  
Conseil Scolaire FrancoSud  
East Central Alberta Catholic Separate School Division  
Edmonton Catholic Separate School Division  
Edmonton Public School Division  
Elk Island Catholic Separate School Division  
Elk Island School Division  
Elves Special Needs Society  
Evergreen Catholic Separate School Division  
Foothills School Division  
Fort Vermillion School Division  
Golden Hills School Division  
Grand Prairie Roman Catholic Separate School Division  
Grand Prairie School Division  
Greater St. Albert Roman Catholic Separate School Division  
Holy Family Catholic Separate School Division  
Holy Spirit Roman Catholic Separate School Division  
Horizon School Division  
Ignite Centre for e-learning  
Lethbridge School Division  
Little Red River Board of Education  
Living Waters Catholic Separate School Division  
Livingstone Range School Division  
Medicine Hat School Division  
Medicine Hat Roman Catholic Separate School Division  
Mikisew Cree First Nation Education Authority  
Northern Gateway School Division  
Red Deer School Division  
Rocky View School Division  
St. Albert School Division  
St. Paul School Division

St. Thomas Aquinas Roman Catholic Separate School  
Division  
STEM Innovation Academy Society  
Sturgeon School Division  
Sunchild First Nation Education Authority  
Waldorf Education Society of Edmonton  
Wild Rose School Division  
Wolf Creek School Division

**Second Call: September 2023 – June 2025**

Aspen View School Division  
Calgary Academy Society  
Canadian Rockies School Division  
Conseil Scolaire du Nord-Ouest  
Edison School Society  
Edmonton Academy Society for Learning Disabled  
Father's House Christian Fellowship-Sturgeon County  
Fort McMurray Roman Catholic Separate School Division  
Fort McMurray School Division  
Grande Yellowhead School Division  
Heart Lake First Nation Education Authority  
High Prairie School Division  
Holden Rural Academy Society  
Independent School Authority Ltd.  
Kainai Board of Education  
Kitaskinaw Education Authority  
Lakeland Roman Catholic Separate School Division  
Little Red River Board of Education  
Lloydminster Public School Division  
Lloydminster Roman Catholic Separate School Division  
Northern Lights School Division  
Strathcona Tweedsmuir School  
Westwind School Division  
Yellowhead Koinonia Christian School Society