

Need help?

Family Violence Info Line | 310-1818

- Call toll free, text or chat online 24/7
- Chat online at alberta.ca/SafetyChat
- Help is available in more than 170 languages (phone calls only)
- Help is confidential

alberta.ca/EndFamilyViolence

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Call, text or chat anytime if you:

- are experiencing family or dating violence
- know someone who needs help
- want to find the closest shelter
- need a list of other services in your area

alberta.ca/EndFamilyViolence



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