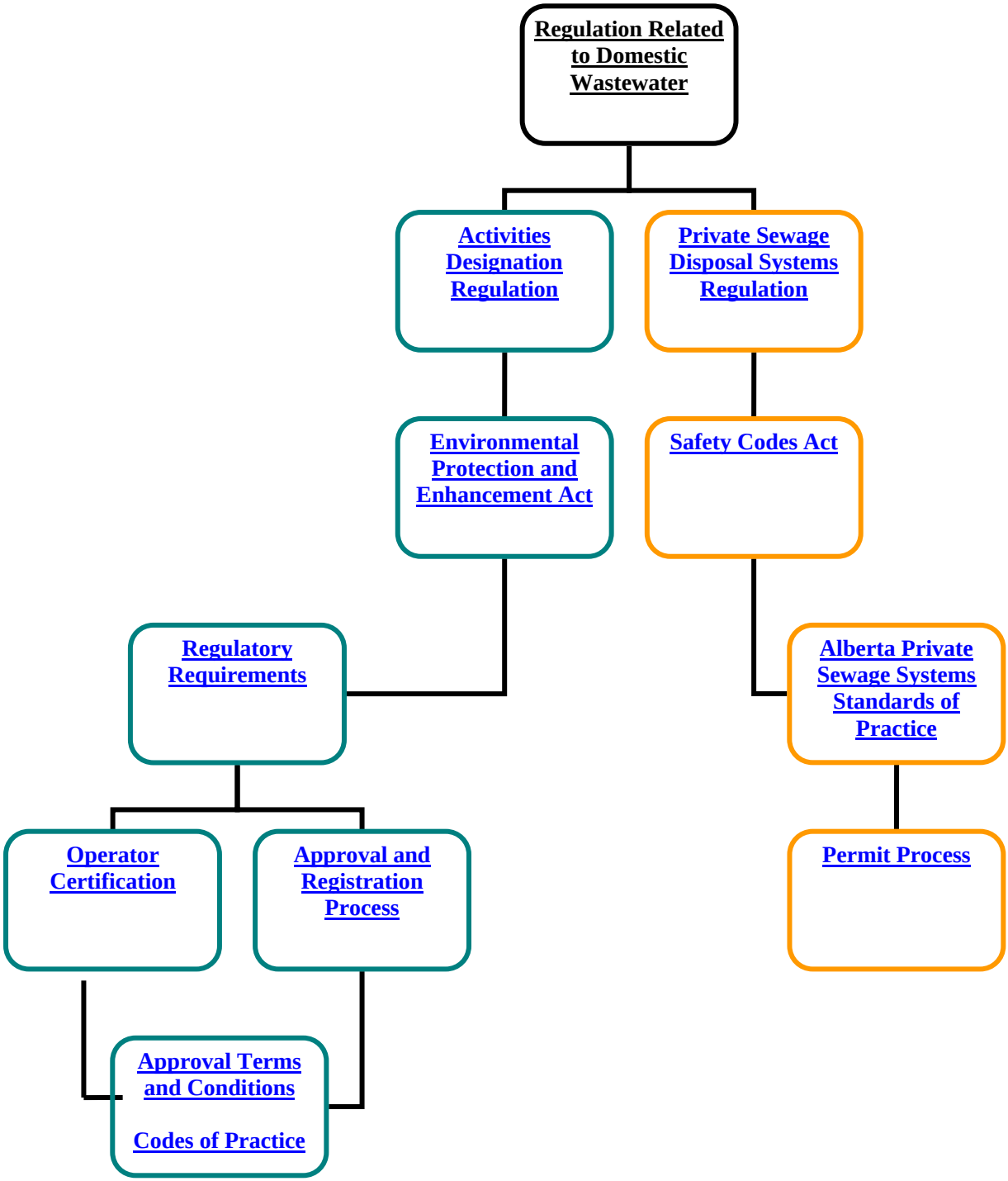Guide to the Regulatory Requirements for Municipal and Domestic Wastewater