

Slide 1




The slide features a maroon background with white text and graphics. On the left, the text reads "Online Training" in a large font, with a horizontal line underneath it. Below this, in a smaller font, is "Alberta Aids to Daily Living (AADL)". To the right of the text is a white graphic of two hands cupping a heart. In the bottom right corner of the maroon area is the "Alberta" logo.

Module 2.3

Medical-Surgical Benefits
Incontinence Briefs, Diapers and Liners

Classification: Public



AADL Incontinence Briefs/Diapers/Liners Authorizers

- Authorizers must ensure they are competent in the area of incontinence assessment prior to becoming an AADL authorizer for these products. This includes knowledge related to assessment, interventions and strategies for managing incontinence.
- Authorizers who are Registered Nurses are able to authorize incontinence briefs, diapers and liners as one of their primary authorizer product ranges.
- Authorizers who are Occupational Therapists (OTs) or Physiotherapists (PTs) and who have knowledge and training in the area of incontinence may also become incontinence supplies authorizers as a secondary product range

Client Eligibility Criteria

1. Clients must be four-years-old and older, with moderate to severe, unresolvable, daily urinary and/or bowel incontinence.
 - **Moderate to severe** is defined as a client requiring a medical grade product (refer to the AADL Incontinence Approved Product List) a minimum of three times per 24 hour period.
 - **Unresolvable** is defined as the clients incontinence must be medically recognized by the appropriate clinician as being unresolvable.
- The AADL Incontinence Approved Product List can be found at: <https://open.alberta.ca/publications/aadl-program-manual-m> or at the Alberta Blue Cross website at <https://www.ab.bluecross.ca/provider/type/aadl/msbm-home.php>
- Benefit-specific criteria for incontinence products can be found in Policy M – 02 in the Medical and Surgical Benefits Policy and Procedures Manual.

Client Eligibility Criteria

- Other interventions and strategies may include, but are not limited to:

A. Physician/specialist assessment

- Clients should have an incontinence condition not amenable to improvement by surgery or application of any device, or be unfit for such a procedure.
- They must be assessed and certified as such by a specialist continence practitioner.

Note: Prescriptions/letters from General Practitioners without diagnosis and indication of completion of further investigation of the incontinence will not be accepted by AADL.

Client Eligibility Criteria

B. Lifestyle modification and conservative strategies must have been tried for a **minimum of three months**.

- This includes: bladder training, pelvic muscle exercises, diet and exercise, weight loss, and ensuring appropriate and timely fluid intake.
- Where appropriate, medications for urinary incontinence should also have been tried, and failed to significantly improve the clients incontinence.



Client Eligibility Criteria

- Clients who choose not to follow medical advice to address incontinence issues will not be eligible for funding for incontinence products through AADL
- Authorizers are required to assess a client when product/quantity changes are requested prior to sending AADL a change request.
- Children who are projected to achieve continence past age four are required to meet the criteria above prior to submission of an AADL authorization.

Client Eligibility Criteria

2. Individuals with a diagnosed congenital anomaly, or physiological abnormalities, including lack of bladder innervation that prevents the ability to achieve continence are exempt from the requirements in point 1.
 - **Note:** Adult clients with diagnosed dementia or any cognitive impairment for whom it has been determined by the appropriate medical professional that interventions and strategies would be ineffective or inappropriate are exempt from the requirements in point 1.

3. Clients with an end of life diagnosis will be authorized for a six month period and are exempt from the requirements in point 1.

Client Eligibility Criteria

- Authorizers/assessors must consider that clients managing their incontinence with products with less absorbency than those listed on the AADL Incontinence Approved Product List may not be experiencing moderate to severe incontinence and not qualify for funding.
- Refer to the approved product list for quantity maximums for clients who require funding for catheters and diapers/liners.
- Clients receiving funding for catheters who manage with a lesser absorbent product to address leakage between catheterizations and/or stool staining or light stool incontinence may not qualify for funding for diapers/liners.



Benefit Exclusions

- AADL does not provide funding for diapers, pads, liners, catheters and their accessories for:
 - menstruation
 - pregnancy induced incontinence
 - incontinence existing and/or lasting less than six months
 - wound drainage
 - bowel routines
 - enemas, active treatment and irrigation
 - clients who are toilet trained during the day but experience night time incontinence
 - clients in long term care, sub-acute care, except as part of a discharge plan
 - short term interventions
 - non-compliant clients
 - children under four years of age

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Module 2.3

Submitting an Authorization

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AADL Incontinence Briefs/Diapers/Liners Benefit Quantity & Frequency

Determine the benefit and quantity needed:

- Look to the Approved Product List.
- Quantity limits for each benefit on the "Group" line.
- Order quantity according to clinical assessment results.

Briefs/Diapers			
Minimal absorbency capacity of 600 mL for all diapers with the exception of the M215 children's diaper which has a minimal absorbency capacity of 300 mL.			
Authorization Type: Briefs, Diapers, Liners			
Group:	Disposable Diapers, Liners	Shared Quantity Frequency Limit:	400 / 2 months
Catalog No.	Product description	Additional Details	Price (per unit)
M200	Disposable Adult Briefs/Diapers - Small or Youth	File height/west 20" to 31"	1.62
M203	Disposable Adult Briefs/Diapers - Medium	File height/west 32" to 44"	1.58
M205	Disposable Child Briefs/Diapers - 600 mL	Includes all pediatric sizes	1.50
M207	Disposable Adult Briefs/Diapers - Large to XXL Large	File height/west 45" to 60"	1.45
M214	Disposable Adult Briefs/Diapers - Briefs	File height/west 62" and up (document on denim file)	3.55
M215	Disposable Child Briefs/Diapers - 300 mL	Sizes 4 and larger Size 25 - 37 included	0.75

Source: AADL in Child Living Manual V4 - Health Support System Approved Product List (Albion Health)
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M215

AADL Incontinence Briefs/Diapers/Liners Benefit Quantity & Frequency

Determine the benefit and quantity needed:

- Consider totals when combining products such as diapers and liners.
- Two month periods are consistent no matter when the authorization started.

Briefs/Diapers

Maximal absorbency capacity of 600 mL for all diapers with the exception of the M215 (children's diaper) which has a maximal absorbency capacity of 200 mL.

Authorization Type: Briefs, Diapers, Liners

Group: Disposable Diapers, Liners **Shared Quantity/Frequency Limit: 400 / 2 months**

Catalog No.	Product description	Additional Details	Unit
M200	Disposable Adult Briefs/Diapers - Small or Youth	Fits hip/waist 20" to 31"	1.02
M203	Disposable Adult Briefs/Diapers - Medium	Fits hip/waist 32" to 44"	1.18
M205	Disposable Child Briefs/Diapers - 600 mL	Includes all pediatric sizes	1.30
M207	Disposable Adult Briefs/Diapers Large or XXL/Extra Large	Fits hip/waist 40" to 60"	1.40
M214	Disposable Adult Briefs/Diapers - Barrette	Fits hip/waist 55" and up (document on client file)	3.50
M215	Disposable Child Briefs/Diapers - 200 mL	Sizes 4 and larger (Size 31 - 47 included)	0.75

Maximal Rate for Daily Living Benefit for Medical Supplies Reimbursed Product List - Alberta Health
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AADL Incontinence Briefs/Diapers/Liners Choice of Vendor

- Clients may choose from any vendor listed on the Incontinence Supplies Approved Vendors List found on the AADL website

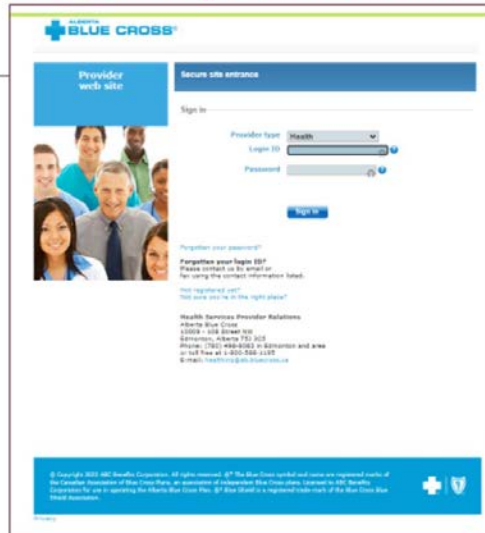
<https://www.alberta.ca/aadl-approved-vendors-list.aspx>

Alberta Aids to Daily Living Program (AADL) - Alberta Health Incontinence Supplies Vendors	
BLACKFALDS	
BLACKFALDS PROFESSIONAL PHARMACY	
10101 PHARMACY RD	
PO BOX 1072	
BLACKFALDS AB T0M 1A0	
Phone: 403-668-2286	
Fax: 403-668-2243	
Toll Free:	
BLAINMORE	
REX DRUG MART	
10740 20 AVE	
PO BOX 538	
BLAINMORE AB T0K 0K0	
Phone: 403-263-2728	
Fax: 403-263-2691	
Toll Free:	
TURTLE MOUNTAIN PHARMACY	
1-1001 20 AVE	
PO BOX 1188	
BLAINMORE AB T0K 0K0	
Phone: 403-263-6346	
Fax: 403-263-6346	
Toll Free:	
MOUNTVILLE	
CLINIC DISPENSARY PHARMASAVE #35	
100-4010 50 ST	
ROXBURY AB T0R 0G2	
Phone: 780-435-8888	
Fax: 780-435-8842	
Toll Free:	

AADL Incontinence Briefs/Diapers/Liners Authorization

Expiry Dates:

- Authorizations are valid for up to a maximum of four years.
- Extensions are not automatic.




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Module 2.3

Incontinence Benefits
Review Questions and Answers

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AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Your client's husband complains that he is losing sleep, he is exhausted because his wife is soaking through her current incontinence briefs and has to be changed in the middle of the night.

Q: What do you suggest or change regarding her current benefits?

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AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Your client's husband complains that he is losing sleep, he is exhausted because his wife is soaking through her current incontinence briefs and has to be changed in the middle of the night.

Q: What do you suggest or change regarding her current benefits?

A: Re-assess the client's incontinence, which may include fluid intake, (e.g., type of fluid and time ingested), a medication review and changes in health. If appropriate, request product samples from client's vendor to find a better product.

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The logo for the province of Alberta, featuring the word "Alberta" in a cursive script followed by a small red square.

AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Q: The client has concerns about finances and being able to pay for AADL benefits. How would you advise them?

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AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Q: The client has concerns about finances. How would you advise them?

A: Refer the client to the cost-share exemption option and/or pursue alternate funding

AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Q: The client asks you if they are cost-share exempt. Where would you get the answer?

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AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Q: The client asks you if they are cost-share exempt. Where would you get the answer?

A: Client cost-share status can be found on the Alberta Blue Cross Online Health Portal.


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AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Q: Now that you have completed the module, where can you access policies and procedures related to incontinence briefs, diapers and liners?

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AADL Incontinence Briefs/Diapers/Liners Authorization Questions

Q: Now that you have completed the module, where can you access policies and procedures related to incontinence briefs, diapers and liners?

A: On the AADL website at <https://open.alberta.ca/publications/aadl-program-manual-m> or Alberta Blue Cross website at <https://www.ab.bluecross.ca/provider/type/aadl/msbm-home.php>, or by using a hard copy printed off and kept handy for reference.

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Alberta Aids to Daily Living Program
Telus House, 13th Floor
10020 100 Street NW
Edmonton, Alberta T5J 0N3

Phone: 780-427-0731; to call toll-free, first dial 310-0000

Deaf/hearing impaired callers within Alberta using a TTY can reach the provincial government by dialing 780-427-9999 in Edmonton or 1-800-232-7215 throughout Alberta.

Fax: 780-422-0968

<https://www.alberta.ca/alberta-aids-to-daily-living.aspx>
or
<https://www.ab.bluecross.ca/provider/type/aad/index.php>

26 Information is public 