

Online Training

Alberta Aids to Daily Living (AADL)




Classification: Public



Module 2.2

Compression Garments
Ready-Made and Custom


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**AADL Compression Garments
Authorizer Eligibility Criteria**

- Active Authorizer Status (minimum of 0.6 FTE)
- Occupational therapists, physical therapists or registered nurses authorize compression garments.
- Additional training requirements in: circulatory systems, lymphedema, lower leg assessments, Ankle Brachial Index, Toe Brachial Index, and Toe pressures.

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Chronic Venous Insufficiency:

- an advanced form of chronic venous dysfunction caused by increased ambulatory venous hypertension resulting in a series of changes in the subcutaneous tissue and skin. Limb swelling, pigmentation (hemosiderin staining), lipodermatosclerosis, venous eczema (stasis dermatitis) or venous ulceration can develop. (Gloviczki et al., Journal of Vascular Surgery, May Supplement 2011).

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Lymphedema

- Lymphedema: an abnormal collection of high-protein fluid just beneath the skin due to reduced lymphatic drainage. This swelling occurs most commonly in the arm or leg, but it also may occur in other parts of the body including the breast or trunk, head and neck, or genitals. (Best Practice for the Management of Lymphedema, International Lymphedema Framework, 2006).
- AADL has adopted the Clinical Etiology Anatomy Pathophysiology (CEAP) classification of chronic venous disorders which was developed by the American Venous Forum (1994, revised 2004).

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Clinical Etiology Anatomy Pathophysiology (CEAP) Classification System

- C₀ No visible or palpable signs of venous disease
- C₁ Telangiectases, reticular veins or malleolar flare
 - Mild venous dilation
- C₂ Varicose veins
 - Dilated, tortuous veins
- C₃ Edema
 - Dependent ankle edema worsening by end of the day
 - May become persistent
- C_{2a} Pigmentation (hemosiderin staining) and/or venous eczema (stasis dermatitis)
 - Must have hemosiderin staining to meet criteria for AADL authorization
- C_{4a} Lipodermatosclerosis and/or atrophie blanche
- C₅ Skin changes as defined above with healed venous ulceration
- C₆ Skin changes as defined above with active ulceration

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Eligibility Criteria

- Clients will be eligible if they are assessed and meet CEAP criteria C₄ or C₅ or chronic lymphedema.
- Clients with C₆ (active ulceration) do not meet criteria.
- Clients do not meet criteria with C₁-C₃ alone
- Clients meet criteria if they have some or all of the findings in C₁ to C₃ and have findings in C_{4a}, C_b or C₅.
- **Note:** Clients with active ulceration *do not meet* AADL criteria
- **Note:** Clients presenting with chronic lymphedema must be assessed by a qualified Certified Lymphedema Therapist (CLT) or Specialty Assessor (SA).
- **Note:** If a CLT or SA is not accessible to the client, clients will be required to provide a prescription from a physician or Nurse practitioner.

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AADL Compression Garments Eligibility Restrictions

AADL does not cover Compression Garments for:

- use in acute care/sub acute care facilities;
- short-term interventions;
- application or intervention in a physician's/nurse practitioner's/vascular surgeon's office.



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Documentation required:

- AADL lower leg assessment (compression stocking) form found at <https://www.alberta.ca/aadl-forms-and-documents.aspx> under Medical-Surgical forms or on the Alberta Blue Cross website under Forms at <https://www.ab.bluecross.ca/provider/type/aadl/msbm-home.php> .
Note: AADL will not accept lower leg assessments that are older than six months.
- **Note:** Clients whose values are outside of those indicated on the AADL Lower Leg Assessment form must provide a prescription from their physician or nurse practitioner to be submitted with the authorization or correction/change and extension.

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AADL Compression Garments Authorization Process

1. Confirm the client meets eligibility requirements and has no eligibility restrictions.
2. Determine benefit and quantity - ensure authorization is within quantity limits.
3. Access the Blue Cross Online Health Portal to enter the authorization or correction/change and extension.
4. Submit with supporting documentation.

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AADL Approved Product Lists (APLs)

Determine benefit and quantity

- Quantity limits for each benefit.
- Order quantity according to clinical assessment results
- Approved Product Lists are found on the AADL website under :
 - Manual N (Ready-Made Garments) <https://open.alberta.ca/publications/aadl-program-manual-n>
 - Manual T (Custom Garments) <https://open.alberta.ca/publications/aadl-program-manual-t>
- They are also available on the Alberta Blue Cross website under Approved product listings at <https://www.ab.bluecross.ca/provider/type/aadl/m-sbm-home.php>

Compression Garments (Ready Made)		
Ready Made Compression Garments		
Category	Product Description	Additional Details
2000	Compression Garment without Garter	2000-0000, 20-40 working pressure
2001	Compression Garment with Garter	2001-0000, 20-40 working pressure
2002	Compression Garter	2002-0000, 20-40 working pressure
2003	Compression Garter	2003-0000, 20-40 working pressure
2004	Compression Garter	2004-0000, 20-40 working pressure
2005	Compression Garter	2005-0000, 20-40 working pressure
2006	Compression Garter	2006-0000, 20-40 working pressure
2007	Compression Garter	2007-0000, 20-40 working pressure
2008	Compression Garter	2008-0000, 20-40 working pressure
2009	Compression Garter	2009-0000, 20-40 working pressure
2010	Compression Garter	2010-0000, 20-40 working pressure
2011	High Heel Shoe	2011-0000, 20-40 working pressure
2012	High Heel Shoe	2012-0000, 20-40 working pressure
2013	High Heel Shoe	2013-0000, 20-40 working pressure
2014	High Heel Shoe	2014-0000, 20-40 working pressure
2015	High Heel Shoe	2015-0000, 20-40 working pressure
2016	High Heel Shoe	2016-0000, 20-40 working pressure
2017	High Heel Shoe	2017-0000, 20-40 working pressure
2018	High Heel Shoe	2018-0000, 20-40 working pressure
2019	High Heel Shoe	2019-0000, 20-40 working pressure
2020	High Heel Shoe	2020-0000, 20-40 working pressure

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AADL Approved Product Lists (APLs)

Ensure quantity requested is within limits

- Compression garments are intended to last six months
- Ready-made - three pairs per year
- Custom garments - two per year
- Combining custom and ready-made affects the quantity limits

Compression Garments (Custom)		
Ready Made Compression Garments		
Category	Product Description	Additional Details
2000	Compression Garment without Garter	2000-0000, 20-40 working pressure
2001	Compression Garment with Garter	2001-0000, 20-40 working pressure
2002	Compression Garter	2002-0000, 20-40 working pressure
2003	Compression Garter	2003-0000, 20-40 working pressure
2004	Compression Garter	2004-0000, 20-40 working pressure
2005	Compression Garter	2005-0000, 20-40 working pressure
2006	Compression Garter	2006-0000, 20-40 working pressure
2007	Compression Garter	2007-0000, 20-40 working pressure
2008	Compression Garter	2008-0000, 20-40 working pressure
2009	Compression Garter	2009-0000, 20-40 working pressure
2010	Compression Garter	2010-0000, 20-40 working pressure
2011	High Heel Shoe	2011-0000, 20-40 working pressure
2012	High Heel Shoe	2012-0000, 20-40 working pressure
2013	High Heel Shoe	2013-0000, 20-40 working pressure
2014	High Heel Shoe	2014-0000, 20-40 working pressure
2015	High Heel Shoe	2015-0000, 20-40 working pressure
2016	High Heel Shoe	2016-0000, 20-40 working pressure
2017	High Heel Shoe	2017-0000, 20-40 working pressure
2018	High Heel Shoe	2018-0000, 20-40 working pressure
2019	High Heel Shoe	2019-0000, 20-40 working pressure
2020	High Heel Shoe	2020-0000, 20-40 working pressure

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Alberta Aids to Daily Living Program
Telus House, 13th Floor
10020 100 Street NW
Edmonton, Alberta T5J 0N3

Phone: 780-427-0731; to call toll-free, first dial 310-0000

Deaf/hearing impaired callers within Alberta using a TTY can reach the provincial government by dialing 780-427-9999 in Edmonton or 1-800-232-7215 throughout Alberta.

Fax: 780-422-0968

<https://www.alberta.ca/alberta-aids-to-daily-living.aspx>
or
<https://www.ab.bluecross.ca/provider/type/aad/index.php>

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