

## Alberta Seniors Benefit payment schedule

### JANUARY

Tuesday, January 25, 2022

### FEBRUARY

Tuesday, February 22, 2022

### MARCH

Friday, March 25, 2022

### APRIL

Monday, April 25, 2022

### MAY

Wednesday, May 25, 2022

### JUNE

Friday, June 24, 2022

### JULY

Monday, July 25, 2022

### AUGUST

Thursday, August 25, 2022

### SEPTEMBER

Monday, September 26, 2022

### OCTOBER

Tuesday, October 25, 2022

### NOVEMBER

Thursday, November 24, 2022

### DECEMBER

Monday, December 19, 2022

For questions on Government of Alberta seniors financial assistance programs, call the Alberta Supports Contact Centre at:

**1-877-644-9992**

Monday to Friday 7:30 a.m. to 8:00 p.m.

### JANUARY

| S  | M  | T         | W  | T  | F  | S  |
|----|----|-----------|----|----|----|----|
|    |    |           |    |    |    | 1  |
| 2  | 3  | 4         | 5  | 6  | 7  | 8  |
| 9  | 10 | 11        | 12 | 13 | 14 | 15 |
| 16 | 17 | 18        | 19 | 20 | 21 | 22 |
| 23 | 24 | <b>25</b> | 26 | 27 | 28 | 29 |
| 30 | 31 |           |    |    |    |    |

### FEBRUARY

| S  | M  | T         | W  | T  | F  | S  |
|----|----|-----------|----|----|----|----|
|    |    | 1         | 2  | 3  | 4  | 5  |
| 6  | 7  | 8         | 9  | 10 | 11 | 12 |
| 13 | 14 | 15        | 16 | 17 | 18 | 19 |
| 20 | 21 | <b>22</b> | 23 | 24 | 25 | 26 |
| 27 | 28 |           |    |    |    |    |

### MARCH

| S  | M  | T  | W  | T  | F         | S  |
|----|----|----|----|----|-----------|----|
|    |    | 1  | 2  | 3  | 4         | 5  |
| 6  | 7  | 8  | 9  | 10 | 11        | 12 |
| 13 | 14 | 15 | 16 | 17 | 18        | 19 |
| 20 | 21 | 22 | 23 | 24 | <b>25</b> | 26 |
| 27 | 28 | 29 | 30 | 31 |           |    |

### APRIL

| S  | M         | T  | W  | T  | F  | S  |
|----|-----------|----|----|----|----|----|
|    |           |    |    |    | 1  | 2  |
| 3  | 4         | 5  | 6  | 7  | 8  | 9  |
| 10 | 11        | 12 | 13 | 14 | 15 | 16 |
| 17 | 18        | 19 | 20 | 21 | 22 | 23 |
| 24 | <b>25</b> | 26 | 27 | 28 | 29 | 30 |

### MAY

| S  | M  | T  | W         | T  | F  | S  |
|----|----|----|-----------|----|----|----|
| 1  | 2  | 3  | 4         | 5  | 6  | 7  |
| 8  | 9  | 10 | 11        | 12 | 13 | 14 |
| 15 | 16 | 17 | 18        | 19 | 20 | 21 |
| 22 | 23 | 24 | <b>25</b> | 26 | 27 | 28 |
| 29 | 30 | 31 |           |    |    |    |

### JUNE

| S  | M  | T  | W  | T  | F         | S  |
|----|----|----|----|----|-----------|----|
|    |    |    | 1  | 2  | 3         | 4  |
| 5  | 6  | 7  | 8  | 9  | 10        | 11 |
| 12 | 13 | 14 | 15 | 16 | 17        | 18 |
| 19 | 20 | 21 | 22 | 23 | <b>24</b> | 25 |
| 26 | 27 | 28 | 29 | 30 |           |    |

### JULY

| S  | M         | T  | W  | T  | F  | S  |
|----|-----------|----|----|----|----|----|
|    |           |    |    |    | 1  | 2  |
| 3  | 4         | 5  | 6  | 7  | 8  | 9  |
| 10 | 11        | 12 | 13 | 14 | 15 | 16 |
| 17 | 18        | 19 | 20 | 21 | 22 | 23 |
| 24 | <b>25</b> | 26 | 27 | 28 | 29 | 30 |
| 31 |           |    |    |    |    |    |

### AUGUST

| S  | M  | T  | W  | T         | F  | S  |
|----|----|----|----|-----------|----|----|
|    | 1  | 2  | 3  | 4         | 5  | 6  |
| 7  | 8  | 9  | 10 | 11        | 12 | 13 |
| 14 | 15 | 16 | 17 | 18        | 19 | 20 |
| 21 | 22 | 23 | 24 | <b>25</b> | 26 | 27 |
| 28 | 29 | 30 | 31 |           |    |    |

### SEPTEMBER

| S  | M         | T  | W  | T  | F  | S  |   |
|----|-----------|----|----|----|----|----|---|
|    |           |    |    |    | 1  | 2  | 3 |
| 4  | 5         | 6  | 7  | 8  | 9  | 10 |   |
| 11 | 12        | 13 | 14 | 15 | 16 | 17 |   |
| 18 | 19        | 20 | 21 | 22 | 23 | 24 |   |
| 25 | <b>26</b> | 27 | 28 | 29 | 30 |    |   |

### OCTOBER

| S  | M  | T         | W  | T  | F  | S  |
|----|----|-----------|----|----|----|----|
|    |    |           |    |    |    | 1  |
| 2  | 3  | 4         | 5  | 6  | 7  | 8  |
| 9  | 10 | 11        | 12 | 13 | 14 | 15 |
| 16 | 17 | 18        | 19 | 20 | 21 | 22 |
| 23 | 24 | <b>25</b> | 26 | 27 | 28 | 29 |
| 30 | 31 |           |    |    |    |    |

### NOVEMBER

| S  | M  | T  | W  | T         | F  | S  |
|----|----|----|----|-----------|----|----|
|    |    | 1  | 2  | 3         | 4  | 5  |
| 6  | 7  | 8  | 9  | 10        | 11 | 12 |
| 13 | 14 | 15 | 16 | 17        | 18 | 19 |
| 20 | 21 | 22 | 23 | <b>24</b> | 25 | 26 |
| 27 | 28 | 29 | 30 |           |    |    |

### DECEMBER

| S  | M         | T  | W  | T  | F  | S  |   |
|----|-----------|----|----|----|----|----|---|
|    |           |    |    |    | 1  | 2  | 3 |
| 4  | 5         | 6  | 7  | 8  | 9  | 10 |   |
| 11 | 12        | 13 | 14 | 15 | 16 | 17 |   |
| 18 | <b>19</b> | 20 | 21 | 22 | 23 | 24 |   |
| 25 | 26        | 27 | 28 | 29 | 30 | 31 |   |