**Winter Hazards**
Severe winter weather can be dangerous without a plan.

**Blizzards**
- Bring snow, cold temperatures, strong winds, and low visibility.
- Effects include blowing snow and difficulty seeing your surroundings.
- Prepare by staying inside.

**Freezing rain**
- Freezes on impact and creates a layer of ice on surfaces.
- Effects include falling branches and slippery roads and sidewalks.
- Prepare by avoiding travel.

**Extreme cold warnings**
- Are issued when the temperature drops below -40°C.
- Effects include sore red skin that can freeze within minutes and a quick drop in body temperature.
- Prepare by dressing warmly and wearing layers of clothing.

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**Being prepared can help.**
Protect yourself and others by knowing the risks of winter hazards and make a plan.

Visit [alberta.ca](http://alberta.ca) to learn how you can become better prepared.