



# AM I A CAREGIVER?

This document outlines the Employment Standards rules to guide employees without a professional designation.

If you have a professional designation, contact your regulatory body for more information about the rules that apply to you.



WHERE DO YOU PERFORM YOUR JOB?	
<b>Home Care</b> • At the client's home	<b>Residential Care</b> In a facility or group home which provides: <ul style="list-style-type: none"> <li>• Emergency shelter</li> <li>• Addictions treatment</li> <li>• Supervision and treatment of young offenders, or</li> <li>• Care and treatment of individuals with emotional and/or behavioural difficulties, or physical and/or developmental disabilities</li> </ul>

WHAT ARE YOUR PRIMARY JOB DUTIES?			
<b>Homemaking Services</b> • Adult sitting and child care • Routine housecleaning • Laundry, ironing and mending • Budgeting, banking, paying bills or shopping for essentials • Menu planning or meal preparation • Any home management service	<b>Personal Care Services</b> • Personal hygiene care • Assistance with personal activities of daily living including, but not limited to: <ul style="list-style-type: none"> <li>– Respite services</li> <li>– Behaviour, developmental, emotional and social support services</li> <li>– Mentoring</li> <li>– Referral for services</li> </ul>	<b>Health Care Services</b> • Nursing service • Rehabilitation therapy • Health care procedures authorized by a Nurse or Rehabilitation Therapist	<b>Other Services</b> • Heavy housework services • Handyman service • Meals on Wheels/ Wheels to Meals • Transportation service • Office or administrative services

WHAT ARE YOUR PRIMARY JOB DUTIES?		
<b>Personal Care Services</b> • Personal hygiene care • Assistance with personal activities of daily living including, but not limited to: <ul style="list-style-type: none"> <li>– Respite services</li> <li>– Behaviour, developmental, emotional and social support services</li> <li>– Mentoring</li> <li>– Monitoring for safety</li> <li>– Responding to crisis calls/situations</li> </ul>	<b>Health Care Services</b> • Nursing service • Rehabilitation therapy • Health care procedures authorized by a Nurse or Rehabilitation Therapist	<b>Other Services</b> • Housekeeping, janitorial and maintenance services • Menu planning or meal preparation • Office or administrative services • Other services not directly related to the personal care and health care of the client

Are you employed directly by the client?

YES

NO

**DOMESTIC EMPLOYEE**  
Learn the rules

**CAREGIVER**  
Learn the rules

**REGULAR EMPLOYEE**  
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