

SPORT, PHYSICAL ACTIVITY AND RECREATION BRANCH - SPAR -



May 2022

2022 Alberta Sports Awards

The Alberta Sport Awards program honours extraordinary Alberta athletes, teams, coaches and officials. There are five annual awards.

The awards for these categories will be based on 2021 results:

- U21 Male and Female (Junior) Athlete and Team of the year
- Over 21 Male and Female (Open) Athlete and Team of the year
- Coach of the Year

Sport Recognition Awards celebrate the impact of coach developers and officials in Alberta. These awards will be presented biennially (2022, 2024 and 2026):

- Don Watts Coach Developer
- Official of the Year

Do you know an athlete, coach, team, or official with outstanding results? Nominate them today! Please go to the SPAR Awards [web page](#) for more information.

Donation-Matching Campaign runs from April 1 - August 30, 2022

The Alberta government will be matching up to \$350,000 in Sport, Physical Activity and Recreation (SPAR) Donation Fund Program donations. The matching funds are being made available to support sport, physical activity and recreation in the province.

Alberta's sport, physical activity and recreation programs provide many essential services on which Albertans rely for their physical and mental health and valued quality of life. This donation-matching campaign builds on donor support for sector programs Albertans enjoy. This support will help to build the renewed capacity and resiliency of programming in Alberta. Go to the SPAR Donation Fund Program website for more information on the program.

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National Coaching Certification Program (NCCP) Updates

The NCCP summer delivery schedule (June, July and August) has now been posted on the [NCCP Multi-Sport Calendar](#). It is recommended that coaches register in advance as modules fill up quickly.

An Anti-racism in Coaching eLearning module has now been launched on the Locker; the registration fee is \$15. Coaches who are maintaining their trained or certified status will receive two professional development points for completing the module.

Don McGavern, former Canadian National Technical Director/Coaching Coordinator and Level 4 National Sport Coach/Learning Facilitator, has announced his retirement from his roles in sport training (specifically diving) and National Coaching Certification Program (NCCP) coach development as of December 31, 2021. The Sport, Physical Activity and Recreation Branch wishes to thank "Coach Don" for his dedication, passion and enthusiasm for sport in Alberta, and extends a sincere congratulations to him on his retirement. [Read more.](#)

June is Recreation and Parks Month

The sport, physical activity and recreation sector in Alberta, especially at the community level, has been deeply affected over the past 18 months. Our outdoor spaces and places have been recognized for the important role they play in providing venues for physical and mental health, respite and for providing a background to continue our social connections.

So this June, we encourage you to visit parks, recreation centres, and open spaces in your area to celebrate Recreation & Parks Month.

Visit your local municipal or community league website to see what's happening in your community.

ParticipACTION 2022 Community Better Challenge June 1 - 30

The ParticipACTION 2022 Community Better Challenge, a national physical activity initiative encouraging all Canadians to get active, is looking for Canada's Most Active Community. Throughout June, events and activities will be taking place across the country to help us get active together for our mental and physical health.

The challenge is open to all Alberta municipalities across the province; the most active community will win \$15,000 to support physical activity initiatives in their community. They could ultimately win the title of Canada's Most Active Community and be awarded \$100,000 to support local physical activity initiatives.

Track your community's activities on the app and website from June 1 – 30 to count toward the community's total score. After June 30, 50 finalist communities will be invited to submit an application explaining why they deserve to be Canada's Most Active Community.

Alberta's most-active community will be announced on July 26.

Visit the [ParticipACTION website](#) for more information.

Canadian Sport Policy Renewal (2023-2033) Survey

The Canadian Sport Policy is set to be renewed in February 2023. This policy is important to the sport community in Canada as it helps to guide sport policy, program and funding decisions.

The renewed sport policy will help to identify Canadian sport priorities and provide guidance to Federal, Provincial and Territorial governments in advancing sport for the next 10 years (2023-2033). It is important to hear from

valued, diverse stakeholders from across our province and the country to make sure the new policy reflects what Canadians want for sport.

Take the [survey](#) now. It will take approximately 15 minutes to complete.

Community Development Webinars

The Community Development Unit is offering a number of online webinars to support the non-profit and voluntary sector in Alberta. From board governance basics, grant writing, cybersecurity and many more, the unit is regularly offering workshops for your non-profit needs.

The webinars offer a variety of session to improve your board of directors' leadership.

For registration and further information on the available webinars, please go to the [Community Development website](#).

Fit Rendezvous Virtual Conference – May 26-June 1

Hosted by Fitness Alberta and powered by the Alberta Fitness Leadership Certification Association (AFLCA), the Fit Rendezvous Virtual Conference takes place from May 26 to June 1.

It is a learning-packed week offering nine sessions geared specifically for physical activity and exercise professionals. Choose the full conference, a fivesession bundle or an aquatic-only session on June 11.

Visit the conference [website](#) for more details.

Online Yoga Professional Development Webinars

The Yoga Association of Alberta (YAA) offers free online classes with YAA senior teachers, and free professional development webinars that may be of interest to coaches and athletes. They provide the opportunity to get involved with a local community of health & wellness professionals.

Yoga is the perfect complement to all other sports. Yoga helps with strength, flexibility, balance, coordination and range of motion. It calms the nervous system and clears the mind. Athletes in particular can benefit from the variety

of movements and positions that help to balance the muscular system, prevent injury and repetitive strain, and boost performance.

YYA is pleased to partner with provincial sport organizations to offer organizations one free Associate Membership with no expiry. Provincial sport organizations will be able access all the free member benefits and offer the 1st year free associate membership to your entire membership.

Email yaa@yoga.ca to sign up for this special partnership offer.



CANADIAN SPORT
HELpline

1-888-83SPORT (77678)

8 am - 8 pm (ET)
7 days a week

info@abuse-free-sport.ca

www.abuse-free-sport.ca



Concussion Awareness

The #HeadstrongCanada campaign is based on the Government of Canada's Concussion Framework and the [Concussion Awareness toolkit](#), is designed to give every sport organization the resources they need to show they are concussion smart and to learn the key points in concussion awareness.

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