

# SPORT, PHYSICAL ACTIVITY AND RECREATION BRANCH - SPAR -



January 2022

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## Sport Physical Activity and Recreation (SPAR) Branch is hiring a Senior Sport Consultant

The Ministry of Culture and Status of Women is looking for a Senior Sport Consultant. Do you want to use your well-developed sport administration experience to play a role in assisting and monitoring Provincial Sport Organizations and community groups with the inclusivity of sport programs for Albertans? If yes, the Senior Sport Consultant position could be the role for you.

The position is within the Multisport Games Unit, working primarily with Alberta Games in addition to other provincial, national and international games.

Please visit the website for more details about the position and apply on Alberta.ca: [SeniorSportConsultant](#). **Application Deadline is January 28, 2022.**

## Winter Walk Day is on February 02, 2022

February is almost here and that means [WinterWalkDay](#) is quickly approaching. Winter Walk Day is a great opportunity to be active and have fun with your family, friends and colleagues. All Albertans can embrace the Winter Walk Day spirit by putting on their walking boots and enjoying a 15-minute walk or other outdoor activity on Wednesday, February 2.

Remember you don't have to wait for Winter Walk Day to get active. Any day

can be an active day, you just have to open the door and go for it. Staying active during the winter is important to maintaining a healthy lifestyle, and it can be as easy as going outside for a 15 minute walk.

Research shows spending time outdoors being active is excellent for your mental and physical health. This is important every winter, a time mostly spent inside, and it's very important now as we continue to face the challenges of the ongoing global pandemic.

Join a group of friends, co-workers, or students, and register your walkers with [SafeHealthyActivePeopleEverywhere\(SHAPE\)](#). Let's strive to get outside, follow all Covid 19 health guidelines and enjoy fresh air. Let's celebrate our own mental and physical health by taking time for an enjoyable winter walk!

## National Coaching Certification (NCCP) Updates

January and February NCCP multi-sport module dates are listed on the [NCCP Multi-SportCalendar](#). Watch for the March schedule to be posted in the coming weeks. Please continue to check back as additional courses are continually being added.

Online modules have a maximum capacity of 12 coaches, so early registration is recommended as many courses sell out quickly.

## Sports Events Congress (SEC22) Postponed

With the recent spike in the spread of COVID-19 in Canada and out of concern for the health and safety of stakeholders, Sport Tourism Canada and Edmonton Events have made the difficult decision to postpone Sport Events Congress 2022 (SEC22) scheduled for March 22-23-24 in Edmonton.

SEC is Sport Tourism Canada and Edmonton Events are currently exploring options to re-schedule the event in Edmonton later in the year. The new plan for SEC22 will be announced in the coming weeks.

Please refer to the [SportTourismCanada](#) website for more information.

## Sport Physical Activity and Recreation (SPAR) Website Upgrade

Just a quick reminder that the [SPARwebsite](#) recently underwent some website upgrades.

Please go to the [SPARwebsite](#) to update your favorites or your current book marks. We don't want you to miss out on the the latest sport and recreation news.

## Canadian Concussion Network Research Project

The Canadian Concussion Priority Setting Partnership led by emergency physician researcher Dr. Martin Osmond in Ottawa is undertaking a national research project for concussion.

The goal is to determine the top 10 unanswered questions in concussion from the perspective of patients who have had a concussion, caregivers who look after them and frontline clinicians who diagnose and treat concussions. The overall aim is to advocate for research funding to be directed to the priorities of those who live with, and are most impacted by, concussion.

They are now launching Phase 2 of the project, which is an online survey asking concussion patients, families, and healthcare professionals to select 10 questions that they feel are the highest priority to be answered by research.

- You can complete the survey in English: [redcap.cheori.org/surveys/?s=FDEFTHCYAC](https://redcap.cheori.org/surveys/?s=FDEFTHCYAC).
- You can complete the survey in French: [redcap.cheori.org/surveys/?s=9EFKMACMTW](https://redcap.cheori.org/surveys/?s=9EFKMACMTW).

For more information on this project, visit <https://www.concussionpsp.com>.

## Sport for Life Canadian Summit- March 1-2, 2022 Save the Date

The 2022 Sport for Life Canadian Summit will take place in a virtual environment March 1-2 with three main themes:

- **Let's reflect**—as individuals, organizations, and sectors—on where we were, what we have learned, and where we want to be.
- **Let's reconnect**—in meaningful ways, as connection fosters understanding, creativity and progress.
- **Let's reimagine**—a collaborative, resilient system where the sport, recreation, health and education sectors are truly aligned and working together to address barriers and strive towards quality sport programming and physical literacy development that is equitably available to everyone.

With the continued uncertainty of COVID-19 and an intent to support more accessible events as an organization, Sport for Life is planning a simultaneous multi-city event. It will feature both live, local content (e.g., workshops, panels, etc.) as well as virtual content (e.g., keynote presentations and national addresses) that will be shared to, and will connect, all of the host cities in real time.

[Go to the Sport for Life website for more information.](#)



**CANADIAN SPORT**  
**HELpline**

1-888-83SPORT (77678)  
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 www.abuse-free-sport.ca

8 am - 8 pm (ET)  
 7 days a week



## Concussion Awareness

The [#HeadstrongCanada](#) campaign is based on the Government of Canada's Concussion Framework and the [ConcussionAwarenesstoolkit](#), is designed to give every sport organization the resources they need to show they are concussion smart and to learn the key points in concussion awareness.

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