

active ALBERTA



See what's happening in Alberta's sport, physical activity and recreation sector and receive other news from Alberta Culture, Multiculturalism and Status of Women.

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Government of Alberta - Budget 2019

On October 24, 2019 the Government of Alberta released Budget 2019. This budget reflects the many challenges the Government of Alberta must face together with Albertans across the province, including the sport, physical activity and recreation sector.

During this difficult economic time, the Government of Alberta is continuing to invest

in sport, physical activity and recreation with the assurance that we are firmly committed to working with our partners to identify innovative and creative ways to continue to support the sector.

Budget 2019 sets a new direction for many agencies, boards and commissions that do work on behalf of the Government of Alberta. This direction includes revitalizing some agencies, including Alberta Sport Connection. The vital work previously done by Alberta Sport Connection and the function of its board will be consolidated into the department alongside the recreation and physical activity unit. Moving Alberta Sport Connection programs into the department creates opportunities for greater alignment in our support to the sector. The change is cost effective, will leverage greater department resources, will eliminate unnecessary processes, and upholds our commitment to red tape reduction.

The transition of Alberta Sport Connection into the new Sport, Physical Activity and Recreation (SPAR) branch is in process and will take time to form. The SPAR branch will be communicating about many items, including SPAR Branch structure, more details about the SPAR 2019 budget, and other pertinent information as it becomes available.

Please visit the [Government of Alberta website](#) for more information about Budget 2019.

Call for Nominations - The Inspiration Awards

The Inspiration Awards call for nominations is now open. This is a great opportunity to recognize people and organizations in your community for leadership in the prevention of bullying, sexual violence, family violence and/or child abuse.

Show your support for those who are making a difference and who are helping keep vulnerable Albertans safe. Please encourage interested parties to submit their nominations for the 2020 Inspiration Awards by Jan. 13, 2020. Nominations can be submitted at alberta.ca/InspirationAwards.

Now Available - Sexual Harassment in Sport and Recreation Fact Sheet

Creating safe spaces in sport, physical activity and recreation that are free of sexual harassment and abuse is a responsibility that belongs to all of us. To assist in this mission, Alberta Community and Social Service and Alberta Culture, Multiculturalism and Status of Women have partnered to create a new [Fact Sheet about Sexual Harassment in Sport and Recreation](#). Please share this information with community sport, physical activity and recreation organizations, recreation centres and other relevant stakeholders. Together, let's make sport, physical activity and recreation more safe and accessible for everyone.



Resources

#ElleBouge/#SheMoves - Move and Share

Join la Fédération du Sport Francophone de l'Alberta (FSFA), as they celebrate the launch of the “#SheMoves”/ #ElleBouge campaign - www.ellebouge.wixsite.com/website/programme.

The #SheMoves/#ElleBouge awareness campaign aims to make women and girls aware of physical activity and its benefits. Considering the number of women and girls who play sports in Canada is below 20%, #ElleBouge is a campaign that aims to increase this number and encourage women and girls to be more physically active. Inspired by the English campaign “This Girl Can”, directed by



Events

Shaping the Future 2020 - January 30 - February 1, 2020 - Lake Louise

[Shaping the Future](#) is an annual conference that brings together educators, health and wellness professionals and researchers to discuss aspects of comprehensive school health. Ever Active Schools and committed partners strive to connect all delegates by disseminating knowledge in a variety of interactive learning formats: pre-conferences, workshops, keynote speakers, concurrent sessions, outdoor sessions, research posters, success stories and networking opportunities with exhibitors.

Alberta Camping



Opportunities

Recreation

The [ARPA Job Board](#) features opportunities for recreation professionals across Western Canada.

[Scouts Canada - Alberta - is looking for volunteers](#)

Fun adventures. Outdoor experiences. Friendship. Growth. Rediscover adventure as a Scouts Canada Volunteer, and have a great time doing it!

No matter how you get involved, we'll make sure you're properly trained and supported. In addition to having a great time and sharing what you know, participating in the Scouting adventure offers the chance to build on your own personal skills.

Whether you help out on

Sport England, #ElleBouge is one of the first of its kind to be presented in Canada and in French!

This campaign aims to present Francophone women and girls in Alberta, of different sizes, ages, background and with different sports abilities. It features everyday women and girls who have overcome their fear of being judged and found their own way of doing physical activity. Physical activity is for everyone! Learn more about this awareness campaign at www.ellebouge.wixsite.com/website and remember to move and share #SheMoves /#ElleBouge.

AB Active After School - Provincial Activity Guidelines and Resources

Looking to support your local community after school program? Visit [AB After School](#) for more programming resources, online training and provincial activity guidelines for after school

Association - Regional Workshops

The Alberta Camping Association wants to help you connect with other camp professionals about trends, professional development, concerns, standards or any topic of your choice. That's why we're offering Regional Events!

December 4, 2019 - Crowsnest Lake Bible Camp / Crowsnest Region

Details: 1:00 PM - 3:00 PM and [R SVP HERE](#)

Annual Conference March 16 - 18, 2020 at Goldeye Centre - Nordegg AB

a regular basis or just at special events or camps, there is an important role for you to play. Click on the link below to find out more.

Active Living

The [Provincial Fitness Unit](#) maintains a job board for certified fitness professionals. Please visit their website for a [province-wide listing](#) of job opportunities.

Canadian Parks and Recreation Association (CPRA) Community Grant Program Announced

CPRA is thrilled to announce that applications are now being accepted for the new [Gender Equity in Recreational Sport: Community Grants Initiative](#). 35 grants are available this year, and funding will support efforts to increase the participation and retention of girls and women in recreational sport in Canada. Canadian municipalities and Indigenous communities

programs! Let's help make sure all kids get the physical activity they need to help them grow and flourish!

Active Workplace Audit Kit

[Alberta Health Services \(AHS\)](#) and the Centre for Active Living (CAL) worked in partnership with support from health, wellness, and workplace professionals to develop this evidence-informed toolkit.

The key purpose of this toolkit is to provide an audit tool for workplace champions, human resource professionals, and health and wellness promoters to identify how to support office-based employees to move more and sit less.

This toolkit is organized into four key parts:

- ◆ Part 1: Get started - build the case for an active workplace
- ◆ Part 2: Assess - audit your workplace
- ◆ Part 3: Explore - find resources for action

are encouraged to apply. The application deadline is December 15, 2019. This project is part of the [Government of Canada's](#) funding commitment to achieve gender equity in sport at every level by 2035. See www.womenandgirlsinrecsport.ca for more information.

- ◆ Part 4: Go - plan for change, maintenance, and continuous improvement

Download the [full toolkit](#) to help begin to understand how to make your workplace a more active place!



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