

active  
ALBERTA



Greetings from Minister Leela Aheer



I wanted to take this opportunity to send greetings from our new Ministry of Culture, Multiculturalism and Status of Women. I am truly grateful to have been chosen to serve Albertans as Minister, and I am very excited about the future of our work. I am excited to work with our stakeholders and focus on providing the best possible service and support to all Albertans throughout this incredible province.

As our new Ministry comes together, I felt it important to connect with recreation and physical activity sector stakeholders in order to communicate my understanding of the value of recreation and physical activity to Albertans. Albertans experience many health and community benefits through recreation and physical activity, whether it involves a municipal recreation complex, a gym membership, participation in a youth recreation program, or taking a walk through a neighbourhood park. Our Ministry looks forward to working with sector stakeholders to continue to make life better for Albertans by encouraging and supporting increased recreation and physical activity participation.

## **Nominations Open for the Alberta Recreation Volunteer Recognition Awards**

Every year, the Government of Alberta recognizes four volunteers who, through their volunteer commitment and dedication, have significantly enhanced their communities and the development of recreation in Alberta.

Every October these awards are presented during the ARPA and Energize Conference.

The Recreation Volunteer Recognition Award began in 1977. Since then, more than 220 volunteer leaders have been recognized for their contributions to Alberta communities.

If you need technical support for this award or have other questions, please contact Leah Paton, Senior Recreation Advisor.

[Nominations for the 2019 Recreation Volunteer Recognition Awards are now open.](#)

Application deadline: June 30, 2019

## June is Recreation and Parks Month!

Every June, recreation service providers and park authorities across Canada celebrate the return of summer programming, recognize volunteers, get people involved in fun outdoor activities and encourage local support for parks and recreation

Be sure to connect with your local recreation department, community league or community recreation group for potential community events.



**AB After School Free Online Training**



**International Yoga Day - Free Yoga - Thursday,**



**New Public Health Agency of Canada**

### **Program - Provincial Activity Guidelines**

AB Active After School is currently offering a FREE 45-minute online training session for after-school programs to become familiar with the Provincial Activity Guidelines for After school programs in Alberta, and how to implement them in any space! Until June 30, the first 300 after school programs in Alberta to complete the training will receive free resources valued up to \$25 to incorporate into their programming. Visit [AB After School](#) for more info and to take the online training module!

### **Alberta Safe Riders!**

The Alberta Snowmobile Association (ASA) is pleased to announce this fall to once again offer Safe Riders! FREE to school and community groups. This program teaches Alberta youth the fundamentals of safe, all-season, OHV and snowmobile riding. The curriculum is not offered through the school system and is offered as an optional, free, in-school or

### **June 20, 2019 - Noon-1:30 pm, Bandshell at Alberta Legislature Grounds (weather permitting)**

All levels welcome! Yoga, meditation and music as brought by the Yoga Association of Alberta Certified instructors. Bring your mat, sunscreen and water bottle. No tickets required but interested attendees can [register](#) in advance.

### **Girls on Ice Canada - July 2019**

Girls on Ice Canada is a unique Canadian mountain experience that is packed full of dynamic glaciers, alpine ecosystems, and beautiful landscapes. Accompanied by certified guides, professional scientists, and artists, a team of ten girls explores the Illecillewaet and Asulkan glaciers in Glacier National Park in British Columbia. These glaciers provide a perfect environment for developing scientific observational skills, understanding relationships between organisms and their

### **Project Grant - Enhanced Surveillance for Chronic Disease Program (ESCDP)**

The ESCDP provides grants and contributions to enhance their capacity for public health chronic disease and injury surveillance evidence gaps and support the development of a robust evidence base on chronic diseases and conditions, injury, problematic substance use, and their risk factors in Canada.

Deadline for submissions is July 17, 2019. Visit the [Public Health Agency of Canada](#) for more.

### **Housing for Health Project - Job Opportunity**

The University of Alberta's Housing for Health Project brings together multiple sector partners from 20+ organizations in Alberta, working together to improve housing developments that better support the health and wellbeing of our communities' aging population.

community facility, program. For more information, or to book a presentation for your group next season, visit the SAFE RIDERS program at [www.albertasaferiders.com](http://www.albertasaferiders.com).

### **GO! Run: Closing the gender gap in girls' participation in sport and physical activity**

There are many challenges girls can face when participating in sport and physical activity. GO! Run is a free running program for girls only, designed to break down some of the many barriers. Visit [GO! Run](#) for more!

### **Physical Activity for Decision Makers**

The Centre for Active Living has created a fact sheet designed to support decision makers with ways to integrate physical activity in their communities through educational and policy opportunities. It is now available in [Italian](#), [Spanish](#) and [Basque](#).

surrounding, reflecting on our own interactions with the mountains through art, building self-confidence in difficult terrain, and gaining lifelong friendships.

The Alpine Club of Canada will be partnering with Girls on Ice to send 10, 16-17 year-old girls to the Asulkan Hut. These girls will spend 12 days at the Hut with hiking guides and scientists to pursue lifelong adventures and potentially even careers. They participate in activities such as glacier travel, crevasse self-rescue, and climbing with crampons and summit mountains.

More information is available at [www.inspiringgirls.org](http://www.inspiringgirls.org).

### **2019 ARPA Conference, Energize Workshop & ATRA Symposium**

Venue: Fairmont Chateau Lake Louise  
Date: October 24-26, 2019

This year will see the Alberta Recreation and Parks Association (ARPA)

Housing for Health is hiring for the [Project Manager](#) position.

### **Recreation**

The [ARPA Job Board](#) features opportunities for recreation professionals across Western Canada.

The [Navy League of Canada, Alberta Division](#), is currently looking for volunteer officers for both our Navy League Cadet Program (ages 9-12) and our Sea Cadet Program (ages 12-18).

Officers must be at least 18-years-old and must be able to provide a clean CPIC with Vulnerable Sector screening. Anyone interested in volunteering can contact [info@abnavyleague.ca](mailto:info@abnavyleague.ca) for more information.

### **Active Living**

The [Provincial Fitness Unit](#) maintains a job board for certified fitness professionals. Please visit their website for a [province -wide listing](#) of job opportunities.

and the Alberta  
Therapeutic Recreation  
Association (ATRA) join  
together for the hosting of  
the 2019 ARPA  
Conference and Energize  
Workshop & 2019 ATRA  
Symposium. This  
conference will attract  
upwards of 600 delegates  
over three days of  
education and networking.  
See more information at  
the [2019 Conference and  
Energize Workshop](#)  
information page.



Want to change how you receive these emails?  
You can [update your preferences](#) or [unsubscribe](#)  
[from this list](#)