**COVID-19 ASSESSMENT TOOL FOR HEALTH CARE WORKERS (HCW)* AND THOSE INVOLVED IN PUBLIC HEALTH ENFORCEMENT (PHE)**

**Are you symptomatic?**

- **NO**
  - **Has your employer identified a critical need for you to return to work?**
    - **YES**
      - **Proceed to page 2 for critical return to work process.**
    - **NO**
      - **Notify your employer of your exposure and return to work only if you are able to meet all precautions (see page 2 notes) and monitor for symptoms. If symptoms develop, proceed to Box A.**

- **YES**
  - **Within the past 14 days have you been a close contact of a case OR have you returned to Alberta from travel anywhere outside of Canada?**
    - **YES**
      - **Has your employer identified a critical need for you to return to work?**
        - **YES**
          - **Quarantine for 14 days after your last exposure and monitor for symptoms. If symptoms develop, proceed to Box A.**
        - **NO**
          - **Notify your employer of your exposure and return to work only if you are able to meet all precautions (see page 2 notes) and monitor for symptoms. If symptoms develop, proceed to Box A.**
    - **NO**
      - **Return to work and monitor for symptoms. If symptoms develop, proceed to Box A.**

**Within the past 14 days have you been a close contact of a case OR have you returned to Alberta from travel anywhere outside of Canada OR are you a close contact of a symptomatic traveler (see Box A & C) who returned from outside Canada OR have you had a laboratory exposure to biological material known to contain COVID-19?**

- **YES**
  - **Are you currently experiencing any of the following symptoms?**
    - **YES**
      - **Fever (greater than 38°C) Cough Shortness of breath or difficulty breathing Sore throat Runny Nose**
      - **Return to work once symptoms have resolved.**
    - **NO**
      - **Remain at home until symptoms resolve.**
  - **NO**
    - **Are you symptomatically?**
      - **YES**
        - **Within the past 14 days have you been a close contact of a case OR have you returned to Alberta from travel anywhere outside of Canada OR are you a close contact of a symptomatic traveler (see Box A & C) who returned from outside Canada OR have you had a laboratory exposure to biological material known to contain COVID-19?**
          - **YES**
            - **Are you currently experiencing any of the following symptoms?**
              - **YES**
                - **Fever (greater than 38°C) Cough Shortness of breath or difficulty breathing Sore throat Runny Nose**
                - **Return to work once symptoms have resolved.**
              - **NO**
                - **Remain at home until symptoms resolve.**
            - **NO**
              - **Notify your employer of your exposure and return to work only if you are able to meet all precautions (see page 2 notes) and monitor for symptoms. If symptoms develop, proceed to Box A.**
          - **NO**
            - **Within the past 14 days have you been a close contact of a case OR have you returned to Alberta from travel anywhere outside of Canada OR are you a close contact of a symptomatic traveler (see Box A & C) who returned from outside Canada OR have you had a laboratory exposure to biological material known to contain COVID-19?**
              - **YES**
                - **Are you currently experiencing any of the following symptoms?**
                  - **YES**
                    - **Fever (greater than 38°C) Cough Shortness of breath or difficulty breathing Sore throat Runny Nose**
                    - **Return to work once symptoms have resolved.**
                  - **NO**
                    - **Remain at home until symptoms resolve.**
              - **NO**
                - **Notify your employer of your exposure and return to work only if you are able to meet all precautions (see page 2 notes) and monitor for symptoms. If symptoms develop, proceed to Box A.**

**NOTE**
- If you are a HCW, remain in isolation for 10 days from onset of symptoms or until symptoms resolve whichever is longer BUT remain off work for 14 days from the onset of symptoms or until symptoms resolve, whichever is longer.
- If you are involved in public health enforcement, remain in isolation for 10 days from onset of symptoms or until symptoms resolve, whichever is longer.
- Coughing may persist for several weeks, so a lingering cough does not mean you need to continue to be in isolation.

*Health Care Workers (HCW) provide clinical or supportive services in a clinical care setting, including hospitals, clinics, continuing care facilities, licensed supportive living sites, public health centres, community assessment centres, and any other settings where face-to-face patient care is provided (including pharmacists, pharmacy technicians) as well, include the fighters, and EMS.

**Those involved in public health enforcement activities include peace officers, environmental health officers and police officers engaged in the COVID-19 response.**
EXPEDITED RETURN TO WORK FOR ASYMPTOMATIC PERSONS QUARANTINED UNDER CMOH ORDER 05-2020

Note that you are being given an exemption from quarantine to return to work. This does not mean you are exempt from ALL restrictions and requirements in the order.

If your employer has an “Expedited Return to Work” process established, follow that process.

If your employer does not have a process in place follow the precautions below for the time you are to be in quarantine to further reduce the risk of transmission to your patients, colleagues and the public.

- Quarantine at home on days you are not required at the workplace
- Do not attend school, social events or any other public gatherings
- Avoid close contact with others when travelling to and from work and between shift
- This includes no public transit use (e.g., bus/LRT, taxi, ride-sharing) or “running errands”
- Wear a surgical mask at all times and in all areas of your workplace*
- Reduce close contact with colleagues and avoid shared spaces where possible
- Self monitor daily for signs and symptoms of illness
- Check your temperature twice daily
- Follow infection prevention and control protocols including diligent hand hygiene and the use of personal protective equipment when delivering patient care*

* Not applicable to PHE, however PHE need to wash hands often with soap and water for at least 20 seconds, cover coughs and sneezes, and avoid touching your face with unwashed hands

EXPEDITED RETURN TO WORK FOR ASYMPTOMATIC PERSONS QUARANTINED UNDER CMOH ORDER 05-2020

Has your employer identified a critical need for you to return to work because staff shortages are threatening operations?

- YES
- NO

Is the Zone Medical Officer of Health (ZMOH) satisfied that your return to work involves reasonably low risk to the public’s health?

- YES
- NO

If the ZMOH is **satisfied**, return to work with precautions1. Monitor for symptoms and if symptoms develop, isolate and see Box A on page 1.

If the ZMOH is **not satisfied**, remain in quarantine for 14 days and monitor for symptoms.